



Zephyr

We like to think we cater for all tastes but if there is a dish that you would like that is not on our menu please ask your waiter and we will endeavour to accommodate your requests.

Steaks

Blue: Seared on the outside, completely red through the inside.

Rare: Lightly charred on the outside, browned around the sides, bright red in the middle.

Medium Rare: Sides well browned, top and bottom caramelized with a pink centre.

Medium: Rich brown on the sides, charred top and bottom with a thick band of light pink through the middle.

Medium Well: A hint of pink in the very middle with a dark brown charred surface.

Well Done: Evenly brown on the outside and all the way through.

(V) Vegetarian
(VG) Vegan
(GF) Gluten Free

Please be aware that there could be nut traces in some of the ingredients used in the preparation of our menus. If you have any dietary requirements please inform your waiter.

As our wines come from a selection of small producers and chateaux some vintages may vary.

An optional service charge of 10% will be added to the bill for groups of ten or more.

All prices are Goods and Services Tax inclusive.



Zephyr

Zephyr Classics & Sandwiches

Chilli Squid

Salt and pepper squid with roast garlic and chilli dressing and mixed salad
Small -£14.65 Large - £24.70

Crispy Chilli Beef

Chilli and ginger marinated fried beef, served on gem lettuce with sweet chilli sauce and Asian slaw
Small - £13.35 Large – £21.70

Chicken Wings

Chilli ginger marinated chicken wings, soy citrus glaze with glass noodle salad - £9.95

A Taste of Asia

Tempura prawns, siu mai (pork & prawn), prawn toast, sushi, Shanghai roll and crackers with ginger and chilli jam - £19.95

The Royal Yacht Burger

220g beef burger served in a sesame bun with sweet cured bacon, cheddar cheese, tomato, gem lettuce, Portobello mushroom and avocado mayonnaise, served with chips and salad - £15.65

(10p is donated to the hotels chosen charity when you order this main)

Steak sandwich

Soy and mirin marinated grilled steak with caramelised onions and mustard butter, served in warm crusty bread with chips and salad - £14.95

The Zephyr Club Sandwich

Sandwich filled with grilled breast of chicken, sweet cured back bacon, spicy chorizo sausage, lettuce, slow-roasted tomatoes and avocado mayonnaise.
Served with chips and salad - £15.20

Beef Wrap

Spicy beef wrap with caramelised onion, honey, sultanas and cheddar cheese served with mixed leaves and chips – £11.95

Vegetarian Wrap

Vegetable wrap with pesto, sunburst tomato, grilled zucchini and mozzarella cheese served with mixed leaves and chips - £11.80 (V)

All our sandwiches can be made with gluten free bread

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Sushi

Chef's selection of special Zephyr mixed sushi

6 pieces - £13.20 12 pieces - £20.70 18 - pieces £30.15

Chefs's selection contains the following types:

Nigiri – Vinegared, sushi rice topped with raw or cooked seafood

Uramaki – infamous Californian style inside out "Maki" roll.

Futomaki – Large roll of nori and rice stuffed with fish.

Gunkan – Sushi rice wrapped in nori and topped with fish or fish roe.

Sashimi – Fresh raw fish.

Please ask your waiter for daily specials and special requirements

Gluten Free available on request

Salads

The Classic Chicken Caesar Salad

Classic Caesar salad, served with soy and ginger marinated chicken and anchovies
(Please note: the dressing also contains anchovies)

Small - £9.95 Large - £13.95

Available (GF)

Thai Chicken Salad

Soy, ginger and chilli marinated grilled chicken with baby spinach, rocket leaves, spicy
Thai dressing, rice noodles and peanuts

Small - £9.95 Large -£13.95 (GF)

Quinoa

Mixed quinoa, cherry tomato, cucumber, rocket, apricots, pumpkin and sunflower seeds
with olive oil, lemon and coriander

Prawn- £16.30(GF) Haloumi -£15.15(GF) (V) Chicken - £14.40

Mozzarella, Tomato and Avocado

Buffalo mozzarella, avocado, mixed heritage tomatoes, herbs, olive oil and lemon
(V) (GF) £12.15



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Soups

Wonton soup with prawn dumplings - £9.00

Chicken or prawn laksa with shiitake mushrooms and rice noodles - £9.00

Starters

Prawn Toast

Mixed prawn toast served on shredded gem lettuce with ginger and chilli jam - £10.95

Thai Cakes

Prawn and crab Thai cakes served with sweet chilli sauce and wakame salad - £12.50

Tuna Tartare

Seared tuna tartare with soy braised red onions, pickles and gazpacho - £13.90

Salmon Sashimi

Raw salmon sashimi with tomato & chilli salsa, crispy garlic and truffle ponzu - £12.90

Oysters

Today's fresh oysters, served with coriander, chilli, tomato and ponzu dressing salsa – per oyster -£1.60, minimum 6 (GF)

or

Tempura oysters served with soy and ginger dip £2.00 each, minimum 6

Mussels

Pot of mussels with white wine and garlic, cooked in cream sauce or lemongrass, chilli and lime leaf infused coconut milk (GF)

Small - £10.75 Large - £16.15

Chicken Satay

Grilled chicken skewers with classic spicy Malay coconut and peanut sauce and pineapple salsa - £12.50

Pork ribs

Salt and pepper pork rib with lime juice, Japanese dry chilli's, spring onions, Asian slaw and ginger jam - £10.45

Duck Pancake

Confit duck served on warm Chinese pancake with cucumber, coriander and hoisin sauce - £14.30

Antipasto (for two)

Selection of cured meats, mixed olives, sun blush tomato, anchovies, mozzarella, artichokes and rocket salad - £17.30

Available (GF)



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Main Courses

Miso Chicken

Miso glazed, grilled chicken thighs with asparagus, bok choy and sweet corn with togarashi butter - £18.50

Veal Escalope

Escalope of veal dipped in egg and parmesan, and sautéed in garlic butter served with lemon buttered linguine with cherry tomatoes, courgettes and rocket salad - £24.55

Scallops

Scallops in cauliflower purée, teriyaki, belly pork and shimeji mushrooms
£25.95

Sea Bass

Pan roasted sea bass with rich lobster sauce, baby vegetables, Jersey Royals and tiger prawns - (GF) £26.95

Or

Served with new potatoes and vegetables, or any other side dish of your choice (GF) £26.30

Salmon

Classic teriyaki salmon with Asian vegetables and wakame seaweed - £25.65

Lobster Linguine

Lobster, prawn and crab Linguini with tomato, capers, basil and gremolata butter, avruga
£28.90

Thai Chicken Curry

Red Thai curry with new potatoes and basil, steamed rice and spicy prawn crackers
£20.25

Asian Beef noodles

Stir fried egg noodles with bean sprouts, sweet peppers, red onions and shiitake mushrooms in oyster sauce with ginger, garlic and chilli - £19.10

Beef Rendang

Indonesian rich beef curry with coconut, steamed rice, prawn crackers, crispy shallots
£19.40
Available (GF)

Korean Lamb

Korean gochujang glazed, grilled lamb chop with Lyonnaise potatoes and pickles-
£24.50
(Gochujang is a traditional Korean chilli bean paste with complex hot pepper flavours)

Mushroom Risotto

Mixed mushroom risotto with parmesan, mascarpone cheese, truffle oil, rocket and pine kernels - (V) (GF) £19.05



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Steaks

200g Fillet or 300g sirloin steak cooked to your liking, served with chips, onions rings, vine ripened cherry tomatoes and mushroom

Available (GF)

Sirloin - £28.95, Fillet - £31.45

Add 4 grilled Tiger prawns - £4.45

Sirloin Steak (chimichurri)

300gm Sirloin steak with skinny fries, grilled corn and cherry vine tomatoes served with chimichurri salsa - £28.95(GF)

Pizzas

Chilli Beef Pizza

Chilli beef and spicy chorizo pizza with oyster mushroom, tomato and mozzarella - £14.85

Truffle Pizza

Sliced summer truffles, mixed mushrooms, mascarpone, mozzarella and rocket - £15.75

Gluten free pizza bases available

Sharing

Our favourites

Chilli squid, pork ribs, chicken skewers, prawn and crab cakes and sushi served with sweet chilli sauce - £35.60

Seafood Platter

Jersey oysters and chancre crab, locally sourced from the beautiful Channel Island waters, with mussels, prawns and gambas, buttered Jersey Royals, lemon and dips £53.95

Chateaubriand

Served with chips, onion rings, tomato, mushroom and mixed salad with a choice of sauces

Pepper

Diane

Béarnaise

(Recommended for two) - £61.95

Available (GF)

Side Orders

Chips (V) (VG)

Buttered new potatoes (Jersey Royals when in season) (GF) (V)

Creamed potatoes (GF) (V)

Buttered mixed vegetables (GF) (V)

Tossed mixed salad (GF) (V)

Wild rocket and parmesan salad (V) (GF)

Stir fried Asian vegetables with oyster sauce, ginger and garlic (available GF)

Steamed rice (V) (GF)

Skinny fries (V)

Any of the above - £4.45

Skinny fries with parmesan and truffle oil - £4.65 (V)

Garlic bread with dips - £6.10 (V)

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Desserts & Cheese

Elderflower Cheesecake

Elderflower cheesecake, summer berries, strawberry and raspberry sorbet and nut praline - £9.15

Brownie

Hazelnut brownie, berries, caramel and vanilla ice cream – £9.15

Pineapple

Warm pineapple, Malibu, coconut, sesame tuile, and coconut ice cream - £9.15

Fruit Bowl

A decadent selection of fruits – £7.45 (v) (VG) (GF)

Cheese Board

Selection of local, British and Continental cheeses served with chutney, dried apricots, grapes and quince jelly, warm bread and crackers - £10.35
(Gluten free bread available)

Selection of Ices

A choice of ice-creams and sorbets - £7.45(GF) (V)

Coffee and mini desserts

Crème brûlée of the day – £6.05(GF)(V)

Carrot cake – £5.65(V)

Panna cotta of the day – £6.05(GF)

One scoop of ice cream or sorbet with cashew nut praline

Ice cream flavours: Chocolate; Vanilla; Strawberry;

Sorbet flavours: Lemon, Mango, Strawberry and Raspberry - £4.85(V)(GF)

All mini desserts are served with your choice of coffee



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Teas & Coffees

Black Teas

English breakfast
Assam
Earl Grey
Decaffeinated

Green Tea

China Green Tea

Herbal Teas/ Infusions

Chamomile
Peppermint
Rooibos

Loose Teas/ Tisane

Aromatic Ginger Tisane
Fresh Mint
Orange Tisane

All teas sold by the pot - £2.85

Coffees

Espresso - £1.95

Double espresso - £2.75

Americano - £2.30

Large Americano - £2.60

Flat White - £2.30

Cappuccino - £2.95

De-caffeinated coffee - £2.30

Ristretto - £1.95

Caffe latte - £2.95

Caffe Mocha - £2.95

Liquor coffee - £5.20

Hot Chocolate - £2.90

Syrups

Chai
Caramel
Vanilla
Cinnamon
Hazelnut

All syrups - £0.80