

# Zephyr

À LA CARTE MENU

## BREAKFAST

Served 7 days a week from 9am - 11am

#### AFTERNOON MENU

Served 7 days a week from 3pm - 6pm

#### **BREADS & OLIVES**

#### SOUPS

GARLIC BREAD WITH DIPS (V)	£6.50	WONTON SOUP	£9.00
TUSCAN MIXED OLIVES	£4.75	With prawn dumplings	
		CHICKEN OR PRAWN LAKSA	£9.00
		With shiitake mushrooms and rice noodles	

## SALADS & BOWLS

#### PEACH, FIG & BEETROOT SALAD (V) £15.75

Summer peaches, figs, baked beetroot, raddish, rocket, tomato and chicory with green chilli, soy and ginger dressing

#### ADD CRISPY PANCETTA £1.50 | ADD GOATS CHEESE £1.00

#### GRILLED TUNA SALAD

Grilled tuna steak, cucumber, cherry tomatoes, rocket and carrot salad, spicy sichuan pepper dressing and roasted peanuts)

#### THAI CHICKEN SALAD £14.50

Soy, ginger and chilli marinated grilled chicken with baby spinach, rocket leaves, spicy Thai dressing, rice noodles and peanuts (GF)

#### THE CLASSIC CHICKEN CAESAR SALAD £14.50

Classic Caesar salad, served with soy and ginger marinated chicken and anchovies Available (GF)

(Please note: the dressing also contains anchovies)

#### QUINOA BOWL (GF) (V)

Quinoa, roasted mixed vegetables, rocket, orange, red onion, cherry tomato, pomegranate, pumpkin and sunflower seeds with orange dressing

ADD AVOCADO (GF) (V) (VG) £1.50 ADD HALOUMI (GF) (V) £1.80 ADD PRAWNS (GF) £2.50 **SALMON & TUNA POKE BOWL** £15.95

£13.95

£15.65

Native Hawaiian poke with raw salmon and tuna, mango, edamame, cucumber, spring onions, sushi rice and cashew with soy, sesame and chilli dressing

#### BIBIMBAP BOWL £16.50

Korean bibimbap with crispy cod fillets, mushrooms, kimchee, cucumber, radish, fried eggs, sushi rice and spicy gochujang paste

## ZEPHYR SANDWICHES & WRAPS

HALOUMI & MUSHROOM CIABATTA  Grilled haloumi, flat mushrooms, almonds, tomato chutney, avocado mayonnaise & gem lettuce served with mixed leaves & chips (V)	£13.95	BEEF WRAP Spicy beef wrap with caramelised onion, honey and cheddar cheese. Served with mixed leaves and chips	£11.95
THE ZEPHYR CLUB SANDWICH	£15.45	STEAK SANDWICH	£15.25
Sandwich filled with grilled breast of chicken, sweet cured back bacon, spicy chorizo sausage,		Soy and mirin marinated grilled steak with caramelised onions and mustard butter.  Served in warm crusty bread with chips and salad	

lettuce, slow-roasted tomatoes and avocado mayonnaise. Served with chips and salad

#### **LEG OF LAMB FLAT BREAD** £19.25

Yoghurt & cumin marinated grilled lamb, spiced flat bread, cucumber, pistachio, elderflower & mint

Please Note: All our sandwiches can be made with gluten free bread

#### 220g beef burger served in a sesame bun with sweet cured bacon, cheddar cheese, tomato, gem lettuce. Portobello mushroom and avocado

mayonnaise. Served with chips and salad

(10p is donated to the hotels chosen charity when you order this main)

## **PIZZAS**

#### **CHILLI BEEF PIZZA** £14.85 **MUSHROOM & TALEGGIO PIZZA** £15.25

Chilli beef and spicy chorizo pizza with oyster mushroom, tomato and mozzarella

Balsamic glazed mushroom, onions, mascarpone,

taleggio, rocket and truffle oil

Gluten free pizza bases available

THE ROYAL YACHT BURGER

(GF) Gluten Free (VG) Vegan (V) Vegetarian

## STARTERS

#### **CAULIFLOWER POPCORN (V)**

£8.50

£19.05

Cauliflower popcorn, tofu & truffle dressing

**MISO AUBERGINES** 

**SMALL £8.25 | LARGE £13.75** 

Baked aubergines with miso glaze, ginger and sesame (GF) (VG)

**BAKED SWEET POTATO SMALL £8.25 | LARGE £13.75** 

Baked sweet potato, spinach and peas in vegan peanut and coconut sauce (VG)

**GOAT CHEESE, BEETROOT & PANCETTA** £9.75

Warm goat cheese with grilled courgettes, beetroot, crispy pancetta, honey & walnuts

**OYSTERS** £2.00 each (minimum 6 oysters)

Locally sourced fresh Jersey oysters served with Zephyr' yuzu granita OR Mignonette sauce OR Tempura oysters served with soy and ginger dip

THAI CAKES £9.50

Prawn and crab Thai cakes served with sweet chilli sauce and wakame salad

**CHILLI SQUID** SMALL £13.25 | LARGE £24.70

Salt and pepper squid with roast garlic and chilli dressing and mixed salad

**SMALL £10.75 | LARGE £17.25** MUSSELS

Pot of mussels with white wine and garlic, cooked in cream sauce or lemon grass, chilli and lime leaf infused coconut milk (GF)

**DUCK PANCAKE** £14.90

Confit duck served on warm Chinese pancake with cucumber, coriander and hoisin sauce

**CHICKEN WINGS** £9 25

Honey & chilli chicken wings served with citrus mayo, pickles & cucumber salad

**CHICKEN SATAY** SMALL £9.50 | LARGE £18.50

Grilled chicken skewers with classic spicy Malay coconut and peanut sauce and pineapple salsa

**PORK RIBS** £10.45

Salt and pepper pork rib with lime juice, togarashi, spring onions and Asian slaw

**CRISPY CHILLI BEEF** SMALL £11.25 | LARGE £20.50

Chilli and ginger marinated fried beef, served on gem lettuce with sweet chilli sauce and Asian slaw

#### MAINS

MUSHROOM RISOTTO

Mixed mushroom risotto with parmesan, mascarpone cheese, truffle oil, rocket and pine kernels (V) (GF)

**SCALLOPS** £25.95

Seared Jersey scallops, slow cooked soy glazed pork belly, Jerusalem artichokes, mushrooms, parsnip crisps (GF available)

**PLAICE & SRI LANKAN CURRY** £26.95

Baked plaice fillet in a light Sri Lankan coconut curry with seafood, tomato, butternut squash and beans served with steamed rice Available (GF)

**VEGETARIAN & VEGAN OPTION AVAILABLE** £15.50

**PAN ROASTED SEA BASS** £25.50

Served with Jersey Royals and baby vegetables (GF)

**ADD LOBSTER SAUCE & TIGER PRAWNS** £2.00

**CRAB AND PRAWN LINGUINE** £23.95

Crab and prawn with gremolata, butter, linguine pasta, cherry tomato, spinach and cashew nuts

**SALMON OR CRISPY COD** £25.25

Baked fillet of salmon or crispy cod with orange and citrus glaze, courgette, cucumber, pomegranate and goat cheese VEAL £26.00

10oz veal chop with pancetta and sage jus, warm potato salad

THAI CHICKEN CURRY £20.25

Red Thai curry with new potatoes and basil, steamed rice and spicy prawn cracker (GF available)

**BEEF RENDANG** £19.40

Indonesian rich beef curry with coconut, steamed rice, prawn crackers, crispy shallots Available (GF)

**ASIAN BEEF NOODLES** £19.10

Stir fried egg noodles with bean sprouts, sweet peppers, red onions and shiitake mushrooms in oyster sauce with ginger, garlic and chilli

**KOREAN LAMB** £26.75

Korean gochujang glazed, grilled lamb chop with lyonnaise potatoes and pickles (Gochujang is a traditional Korean chilli bean paste with complex hot pepper flavours)

#### STEAKS

200g FILLET OR 300g SIRLOIN STEAK **COOKED TO YOUR LIKING** 

Served with chips, onions rings, cherry vine tomatoes, mushrooms and mixed leaves Available (GF)

**FILLET** £31.45

**SIRLOIN** £28.95

**ADD 4 GRILLED TIGER PRAWNS** £4.45

#### SHARING

**BUFFALO MOZZARELLA** (for two)

£16.75

2 x 300g Donald Russell 35 day matured rump steaks, grilled to your liking. Served with a rocket & parmesan salad and

£46.00

£62.50

Creamy Buffalo Mozzarella, tomato, flat bread, olive oil, fennel and balsamic dressing

ANTIPASTO (for two)

£19.50

Selection of cured meats, olives, grilled vegetables, figs, mozzarella, tomato bread and rocket parmesan salad Available (GF)

**OUR FAVOURITES** 

£35.60

Chilli squid, pork ribs, satay chicken skewers, crispy chilli beef and sushi

**CHATEAUBRIAND** (recommended for two)

**RUMP STEAK TO SHARE** 

trufle & parmesan fries

Served with chips, onion rings, tomato, mushroom and mixed salad with a choice of sauces:

- Pepper
- Diane
- Béarnaise

Available (GF)

## SUSHI

CHEF'S SELECTION OF SPECIAL ZEPHYR MIXED SUSHI

6 PIECES | £13.20 12 PIECES | £22.20 18 PIECES | £30.60

Chef's selection contains the following types:

NIGIRI

Vinegared sushi rice topped with raw or cooked seafood

Infamous Californian style inside out "Maki" roll

**FUTOMAKI** 

Large roll of nori and rice stuffed with fish

Sushi rice wrapped in nori and topped with fish or fish roe

**SASHIMI** 

Fresh raw fish

Please ask your waiter for daily specials and special requirements

Gluten Free available on request

## SIDES

Creamed potatoes (GF) (V)

Chips (V) (VG)	£4.45	Steamed rice (V) (GF)	£4.45	Tossed mixed salad (GF) (V)	£4.45
Skinny fries (V)	£4.75	Mixed vegetables (GF) (V)	£4.45	Wild rocket and	£4.45
Skinny fries with parmesan and truffle oil (V)	£5.25	Stir fried Asian vegetables with oyster sauce, ginger	£4.45	parmesan salad (V) (GF)	
New potatoes (GF) (V) (Jersey Royals when in season)	£4.45	and garlic (available GF)			

Jersey Royals served when in season

#### TRY ONE OF OUR REFRESHING GIN COCKTAILS

£12.00

**BOMBAY SAPPHIRE** 

**GORDONS PINK** 

Bombay Sapphire, Fever Tree Indian Tonic, cinnamon, orange peel

£4.45

Gordon's pink gin, Elderflower Tonic, Strawberry, orange peel, raspberry

**BULLDOG** £12.00

WHEADON'S

**MONKEY 47** 

£15.00

£16.00

Bulldog, Fever Tree Indian Tonic, star anise, cinnamon stick, orange peel

Wheadon's Rock Samphire and Pink Grapefruit, Fever Tree, Aromatic Tonic, pink grapefruit, red pepper corn

**TANQUERAY** £12.00

Monkey 47, Fever Tree Elderflower Tonic, lemon peel

Tanqueray, Elderflower Tonic, lime peel, basil leaf, Apple Sourz, cloves

Contains a 50ml measure of gin

# WINES BY THE GLASS

Please note: wine prices and vintages are subject to change

WHITE	175ML	250ML	BOTTLE
145 Pinot Grigio, Allamanda, Italy	£5.75	£7.95	£21.50
326 Viognier, Chacabuco, Mendoza 2020, Argentina	£6.75	£9.50	£26.00
220 Muscadet, Chateau Cassemichére, 2019, France	£7.75	£10.75	£29.50
221 Vouvray Demi-Sec, Ch. de Valmer, 2019, France	£8.50	£12.00	£32.50
310 Sauvignon Blanc, Vidal, Marlborough, 2019, N. Zealand	£9.75	£12.75	£37.50
223 Sancerre, Cote des Embouffant, R.Neveu, 2019, France	£9.75	£12.75	£37.50
201 Macon Villages, Joseph Drouhin, 2019, France	£9.90	£13.25	£39.00
ROSÉ			
146 Pinot Grigio, Allamanda, Rosé, Italy	£5.75	£7.95	£21.50
599 Cabernet D'Anjou, Domaine Des Cedres, 2019, France	£6.75	£9.50	£25.50
604 Côtes de Provence, Chateau La Deidiere, 2019, France	£8.00	£11.25	£30.00
600 Sancerre Rosé, Roger Neveu, 2019, France	£9.75	£12.75	£38.00
RED			
524 Pinot Noir, Vina Casa Silva, 2018, Chile	£8.00	£11.25	£29.00
519 Trivento, Mendoza, Malbec, 2018, Argentina	£8.00	£11.25	£30.50
424 Domaine La Grange, Bordeaux Superior, 2017, France	£8.25	£11.50	£31.00
414 Fleurie, Cave De Fleurie, 2019, France	£8.50	£11.75	£32.00
475 La Bascula, Rioja, 2019, Spain	£8.50	£12.00	£32.50
525 Carmenere Reserva, Hacienda Araucano, 2017, Chile	£8.75	£12.00	£34.00
502 Shiraz, Clare Valley Wakefield Estate, 2017, Australia	£9.75	£12.75	£37.50
HOUSE WINES	175ML	250ML	BOTTLE
A selection of white, red and rosé wines available	£5.75	£7.95	£21.50
SPARKLING WINES		200ML	BOTTLE
135 Lunetta, Prosecco, Cavit, Italy		£9.00	£28.50
134 Lunetta, Rose, Cavit, Italy		£9.00	£28.50
CHAMPAGNE			
BY THE GLASS		125ML	BOTTLE
100 Laurent Perrier Brut N.V.			
122 House Rosé		£13.50 £13.50	£59.00 £57.50
122 House Rose		213.50	257.50
CHAMPAGNE			BOTTLE
103 Pol Roger, Extra Cuvée de Réserve Brut N.V.			£72.50
102 Moët et Chandon, Brut Impérial N.V.			£77.50
106 Veuve Clicquot, Brut N.V.			£85.00
108 Bollinger, Spéciale Cuvée N.V.			£97.50
118 Dom Pérignon, Moët et Chandon, 2010			£250.00
ROSÉ			
125 Taittinger, Cuvée Brut Rosé N.V.			£95.00
126 Veuve Clicquot, Rosé Brut N.V.			£105.00
127 Laurent-Perrier, Cuvée Rosé Brut N.V.			£105.00
129 Carbon, Pink Fever, Cuvée Rosé N.V.			£115.00

# WHITE WINE

CRISP & FRUITY	COUNTRY	BOTTLE
259 Grillo Feudo, Arancio, 2019	Italy	£28.00
219 Sauvignon Blanc, Tydy Thierry Delaunay, 2019	France	230.00
276 Planalto, Reserva, Douro, 2018/19	Portugal	£30.50
270 Albarino, Orballo, Rias Baixas, 2020	Spain	£31.00
336 Sauvignon Blanc, Boschendal Estate, 2019	S. Africa	£34.50
302 Riesling, Ferngrove Estate, 2018	Australia	£35.50
261 Gavi di Gavi, Nuove Quadro, 2019	Italy	£36.50
MEDIUM / FULL BODIED	COUNTRY	BOTTLE
335 Chenin Blanc, Boschendal, 2020	S. Africa	£29.00
301 Ephemera, Keith Tulloch, New South Wales, 2019	Australia	£29.50
202 Chablis, Alain Gautheron, 2018	France	£42.50
345 Chardonnay, Aristea, 2017	S. Africa	£49.50
207 Montagny, 1er Cru, Louis Latour, 2019	France	£55.00
230 Châteauneuf-du-Pape, Clos la Roquete, 2016	France	£69.00
<ul><li>Châteauneuf-du-Pape, Clos la Roquete, 2016</li><li>The F.M.C. Chenin Blanc, Forrester, 2018/19</li></ul>	France S. Africa	£69.00 £75.00

# ROSÉ

ROSÉ	COUNTRY	BOTTLE
603 M de Minuty, Côtes de Provence, 2020	France	£39.00
607 Whispering Angel, Chateau d'Esclans, 2020	France	£47.50
608 Domaine Ott, Clos Mireille, 2019	France	£60.00

## RED WINE

SOFT & MEDIUM	COUNTRY	BOTTLE
420 Cahors, Malbec, Les Terrasses, Rigal, 2019	France	£29.50
461 Cerasuolo di Vittoria, Nero d'Avola, 2018	Italy	£32.50
471 Marques de Cáceres, Crianza, Rioja, 2017	Spain	£32.50
456 Crozes Hermitage, Brunel, 2018	France	£41.00
400 Bourgogne, Pinot Noir, Joseph Drouhin, 2018	France	£42.50
511 Borthwick, Paper Road, Wairarapa 2019	N. Zealand	£42.50
402 Savigny-les-Beaunes, 1er Cru, Jaffelin, 2016	France	£58.50
464 Barolo, Tenimenti, Ca Bianca, 2015/16	Italy	£65.00
RICH & FULL	COUNTRY	BOTTLE
RIGHTATOLL	COONTRI	BOTTLL
481 Adega Mayor, Cata Da Rolha, 2018	Portugal	£27.00
531 Cabernet Sauvignon, The Churchyard, 2018	S. Africa	£29.00
504 Shiraz, Central Ranges, Robert Oatley, 2017/18	Australia	£30.00
460 Primitivo, Di Manduria, San Marzano, 2018	Italy	£35.00
540 Zinfandel, Old Vines, California 2017	USA	£36.00
532 Stellenbosch Classic, L'Avenir, Laroche 2016	S. Africa	£39.50
520 Malbec, Terrazas de los Andes, 2017	Argentina	£40.50
422 Chateau Caronne, Haute Medoc, 2017/18	France	£45.00
482 Post Scryptum de Chryseia, Douro, 2017/18	Portugal	£55.00
428 Château Tour de Marbuzet, St. Estéphe, 2018	France	£55.00
458 Châteauneuf-du-Pape, Vieux Télégraphe, 2012	France	£90.00
474 Muga, Gran Reserva, Rioja, 2011	Spain	£99.50