



Zephyr

We like to think we cater for all tastes but if there is a dish that you would like that is not on our menu please ask your waiter and we will endeavour to accommodate your requests.

Please be aware that there could be nut traces in some of the ingredients used in the preparation of our menus. If you have any dietary requirements please inform your waiter.

As our wines come from a selection of small producers and chateaux some vintages may vary.

An optional service charge of 10% will be added to the bill for groups of ten or more.

All prices are Goods and Services Tax inclusive.



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Zephyr Nibbles

Spicy nuts - £ 2.45 (GF) (V)
Tuscan mixed olives - £4.10 (GF) (V) (VG)
Prawn crackers with plum sauce - £4.25
Edamame beans - £4.65 (GF) (V) (VG)
Crudites – raw vegetables with houmous - £6.65 (GF)
Garlic bread with dips - £6.10
Mixed mezze – pitta bread, haloumi, olives, celery and rocket - £6.90
Tortillas, guacamole, soured cream, spicy tomato sauce and melted cheese - £6.75

Zephyr Classics

The Royal Yacht Burger

8oz beef burger served in a sesame bun with sweet cured bacon, cheddar cheese, tomato, gem lettuce, Portobello mushroom and avocado mayonnaise, served with chips and salad - £14.95

(10p is donated to the hotels chosen charity when you order this main)

The Zephyr Club Sandwich

Sandwich filled with grilled breast of chicken, sweet cured back bacon, spicy chorizo sausage, lettuce, slow-roasted tomatoes and avocado mayonnaise.
Served with chips and salad - £14.50

Steak sandwich

Soy and mirin marinated grilled steak with caramelised onions and mustard butter, served in warm crusty bread with chips and salad - £14.95

The Classic Chicken Caesar Salad

Classic Caesar salad, served with soy and ginger marinated chicken and anchovies
(Please note: the dressing also contains anchovies)
Small - £9.60 Large - £13.40 (GF)

Thai Chicken Salad

Soy, ginger and chilli marinated grilled chicken with baby spinach, rocket leaves, spicy Thai dressing, rice noodles and peanuts
Small - £9.60 Large - £13.40 (GF)

Crispy Chilli Beef

Chilli and ginger marinated fried beef, served on gem lettuce with sweet chilli sauce and Asian slaw
Small - £12.75 Large - £20.70

Chilli Squid

Salt and pepper squid with roast garlic and chilli dressing and mixed salad
Small - £13.95 Large - £23.55

All our sandwiches can be made with gluten free bread



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Panini, Pizza and Salads

Panini

Beef Panini

Chilli and ginger marinated beef with caramelised onion, pepper, honey and cheddar cheese served with mixed leaves and chips - £11.40

Vegetarian Panini

Aubergine, caramelised onions, sun blush tomato, mozzarella and pesto served with mixed leaves and chips - £11.25 (V)

Pizza

Chilli Beef Pizza

Chilli beef and spicy chorizo pizza with oyster mushroom, tomato and mozzarella - £14.15

Vegetarian Pizza

Mascarpone cheese, grilled artichokes, sun blush tomato, spinach and mozzarella
£13.15(V)

Gluten free pizza base available

Salads

Beetroot and Goat's Cheese

Beetroot salad, soft grilled goat's cheese, rocket and candied walnuts
Small - £9.50 Large - £12.90 (V) (GF)

Oriental Beef

Marinated sliced beef, Asian slaw, mint basil and coriander in a togarashi lime and chilli dressing - £14.95 (GF)

Vietnamese Pork

Slow braised belly of pork, pickled vegetables, coriander, ginger and mint chilli dressing
£14.30

Quinoa

Mixed quinoa, cherry tomato, cucumber, rocket, apricots, pumpkin and sunflower seeds with olive oil, lemon and coriander
Prawn - £15.55(GF); Haloumi - £14.45(GF); Chicken - £13.75

Chicken and Orange

Warm chicken served with orange, pomegranate, coriander and rocket - £10.80

Mozzarella, Tomato and Avocado

Buffalo mozzarella, avocado, mixed heritage tomatoes, herbs, olive oil and lemon - £11.50
(V) (GF)

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Sushi Menu

Create your own sushi platter from the selection below
(minimum of 6 pieces)

6 pieces - £12.60 12 pieces - £19.75 18 - pieces £28.75

Nigiri

A ball of sushi rice topped with fish or vegetable

Tuna
Salmon
Scallops
Ebi
Tamago
Inari

Uramaki

Reverse roll of sushi stuffed with fish, meat or vegetable

Chef's special maki
California
Vegetarian

Futomaki

Thick or big roll stuffed with

Spicy tuna
Spicy salmon
Special of the day (please ask your waiter)

Gunkan

"Battle ship" sushi, a ball of sushi rice wrapped with sushi nori with fillings inside

Tuna
Salmon
Crab
Masago (Tobiyo)

Sashimi

A selection of fresh raw fish

Tuna
Salmon

All the above are gluten free

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Soups

Wonton soup with prawn dumplings - £9.00

Chicken or prawn laksa with shiitake mushrooms and rice noodles - £9.00

Spinach soup served with poached egg and truffle oil - £7.30

Starters

Tuna Carpaccio

Carpaccio of tuna, shaved cucumber, baby radish, caper berries and ponzu dressing
£11.75

Cured Salmon, Crab and Gamba

Marinated salmon with Dijon mustard and dill served with chilli and tarragon crab salad, gambas, horseradish crème fraiche, orange and pomegranate - £11.50 (GF)

Oysters

Today's fresh oysters, served with coriander, chilli, tomato
and ponzu dressing salsa – per oyster - £1.60, minimum 6 (GF)
or

Grilled oysters, sauté shallots, crispy bacon, spinach, cream, and cheese sauce.
per oyster, minimum 6 - £2.00

Mussels

Pot of mussels with white wine and garlic, cooked in cream sauce
or lemongrass, chilli and lime leaf infused coconut milk (GF)
Small - £9.60 Large - £15.40

Pork ribs

Salt and pepper pork rib with lime juice, Japanese dry chilli's, spring onions and Asian
slaw - £9.95

Chicken Wings

Chilli ginger marinated chicken wings, soy citrus glaze with glass noodle salad - £9.95

Chicken Skewers

Grilled chicken skewers, spinach, onion, rice noodles and peanut salad with spicy
coconut sauce
Small - £9.70 Large - £18.50

Ham Hock

Slow cooked ham hock, piccalilli and soft egg - £10.25

Antipasto To Share

Selection of cured meats, mixed olives, sun blush tomato, anchovies, mozzarella,
artichokes and rocket salad - £16.50



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Main Courses

Veal Escalope

Escalope of veal dipped in egg and parmesan, and sautéed in garlic butter served with lemon buttered linguine with cherry tomatoes, courgettes and rocket salad - £24.30

Steaks

8oz Fillet or 12oz sirloin steak cooked to your liking, served with chips, (onions rings,) vine ripened cherry tomatoes and mushroom (GF)

Sirloin - £28.15

Fillet - £29.95

Add 4 grilled Tiger prawns - £4.20

Fillet of Beef

Pan roasted beef fillet served on a bed of mashed potato, roasted brioche, sautéed spinach, mushrooms, foie gras and jus - £33.65

Chicken

Pan roasted chicken supreme served with squash fondant, sauté mushrooms, and caraway savoy cabbage - £19.90

Scallops

Pan seared local scallops with king prawns, crispy belly pork, chorizo chutney, pak choi and sweetcorn - £24.75

Sea Bass

Pan roasted sea bass served with lobster bisque, beurre blanc, baby vegetables, Jersey Royals and tiger prawns - £25.95 (GF)

Or

Served with new potatoes and vegetables, or any other side dish of your choice - £25.10 (GF)

Salmon

Roast fillet of salmon, miso mash, mange tout, fenugreek and spiced plum tomato sauce £24.45

Lobster Tagliatelle

Lobster, prawn and crab tagliatelle with tomato, chilli, cashew nuts, lemon butter and spinach - £25.80

Asian noodles

Stir fried egg noodles with bean sprouts, sweet peppers, red onions and Shiitaki mushrooms in oyster sauce with ginger, garlic and chilli

Beef - £18.20

Prawns - £18.45

Chicken - £17.70

Vegetarian - £17.10

Seafood Paella

Saffron infused rice, mussels, king prawns, baby squid and chorizo, finished with coriander and lemon - £25.15

Mushroom Risotto

Mixed mushroom risotto with parmesan, mascarpone cheese, truffle oil, rocket and pine kernels - £18.15 (V) (GF)



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Beef Rendang

Indonesian rich beef curry with coconut, steamed rice, prawn crackers, crispy shallots
£18.50

Thai Curry

Red Thai curry with new potatoes and basil, steamed rice and spicy prawn crackers
Prawns - £19.90, Chicken - £19.30, Beef - £19.90

Roast Duck Leg

Confit crispy duck leg glazed with honey and five spice with vegetable stir fry, garlic sauce, fried ginger and steamed rice - £20.90

Sharing dishes

Chateaubriand

Served with chips, (onion rings), tomato, mushroom and mixed salad with a choice of our sauces (Recommended for two) - £59.10 (GF)
Pepper
Diane
Béarnaise

Roast Sirloin

32oz (1.00kg) sirloin, roasted, served with mashed potatoes, roasted vegetables, gravy
(Recommended for three) - £69.50 (GF)

Rack of Lamb

Pan roasted rack of lamb and lamb skewers served with sautéed potatoes, green beans, spinach, baby carrots and jus (Recommended for two) - £49.80 (GF)

Zephyr Tasting Platter - to share

Chicken skewers with peanut satay sauce, crispy chilli beef with sweet chilli sauce, chilli squid with roast chilli nam jim, Thai chicken salad with lime and chilli dressing and rolled sushi of the day with soy and wasabi - £35.95

Side Orders

Chips (V) (VG)

Buttered new potatoes (Jersey Royals when in season) (GF) (V)

Creamed potatoes with truffle oil and parmesan (GF) (V)

Buttered mixed vegetables (GF) (V)

Tossed mixed salad (GF) (V)

Green beans, bacon and parmesan (GF)

Mixed greens, broad beans, peas, sugar snap and edamame beans (GF) (V)

Chargrilled corn (GF) (V)

Wild rocket and parmesan salad (V) (GF)

Stir fried Asian vegetables with oyster sauce, ginger and garlic (available GF)

Steamed rice (V) (GF)

Any of the above - £4.25



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Desserts & Cheese

Banana Cheesecake

Banana cheesecake with Nutella and honeycomb ice cream - £8.75

Brownie

Dark chocolate and popcorn brownie with vanilla ice cream - £8.75

Lemon Curd and Mascarpone

Lemon curd, mascarpone, olive oil shortbread, blackberry and mint compote £7.90

Fruit Platter

A decadent selection of fruits with berry coulis - £7.10 (GF)

Cheese Board

Selection of local, British and Continental cheeses served with chutney, dried apricots, grapes and quince jelly, warm bread and crackers - £9.85
(Gluten free bread available)

Selection of Ices

A choice of ice-creams and sorbets - £7.10 (GF)

Award winning Miniotti is a new range of premium ice cream made with 100% Jersey milk and selected live cultures for health benefits. It contains no refined sugar and is gluten free.

Coffee and mini desserts

Crème brûlée of the day - £5.75 (GF)

Vanilla cheesecake and berry compote - £5.65

Figs, mascarpone and honey - £5.65 (GF)

One scoop of ice cream or sorbet with cashew nut praline
Ice cream flavours: Chocolate; Vanilla; Strawberry; Cointreau
Sorbet flavours: Lemon or Mango - 4.85 (GF)

All mini desserts are served with your choice of coffee



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Teas & Coffees

Black Teas

English breakfast
Assam
Earl Grey
Decaffeinated

Green Tea

China Green Tea

Herbal Teas/ Infusions

Chamomile
Peppermint
Rooibos

Loose Teas/ Tisane

Aromatic Ginger Tisane
Fresh Mint
Orange Tisane

All teas sold by the pot - £2.70

Coffees

Espresso - £1.80
Double espresso - £2.50
Cappuccino - £2.80
De-caffeinated coffee - £2.20
Ristretto - £1.80
Caffe latte - £2.80
Liquor coffee - £4.85

Syrups

Chai
Caramel
Vanilla
Cinnamon
Hazelnut

All syrups - £0.75