

Packages

Make the most of your spa experience with us by booking one of our specially designed treatment packages, all of which include full use of our spa facilities and a freshly prepared light lunch.

(Please note that package treatments are set and no substitutions can be made).

Melt Away

1 hr 15 mins / Cost: £105

Let us melt away your tension using a combination of hot stones with a relaxing massage oil. This will ease away sore and tired muscles on your back, neck and shoulders. To finish, enjoy a rejuvenating Ayurvedic scalp and face pressure point massage.

- Hot stone back, neck & shoulder massage
- Ayurvedic scalp and face massage

Glowing Tonic Package

2 hrs / Cost: £144

We kick start this pampering with dry skin brushing to stimulate the lymphatic system. Next our detoxifying seaweed wrap infused with marine ingredients, helps to cleanse and eliminate toxins before we rejuvenate and nourish with a back massage and to finish an express facial to leave your skin glowing. The perfect indulgence!

- Get Fresh Body wrap
- Back massage
- Express facial

Preen & Scheme

2 hrs / Cost: £140

This is our complete grooming experience, which includes all the tools a woman needs to feel polished. We begin with a full body exfoliation to leave your skin soft and gleaming. Then finish with treats for the hands and the feet so you can walk out on air, feeling great. A super package for a special occasion, pre holiday or taking time out to care for yourself.

- Body Exfoliation
- Gel Manicure
- Gel Pedicure

Pregnant Pause

2 hrs 15 mins / Cost: £156

This package begins with a massage of your back on our pregnancy cushion. Then relax into a specialised facial which restores your skin's healthy glow and treats to your arms and tummy too. Then sit back and enjoy a mini pedicure to take care of your tired feet.

- Facial
- Back Massage
- Express Pedicure

Couples Recharge

2 hrs / Cost: £265 per couple

Enjoy your spa day with a friend or partner, where your collection of treatments begins with the body recharge massage. This great pick-me-up massage will boost circulation and leave you feeling revitalised and full of energy. Whilst our Bright eye treatment will refresh and nourish this delicate area and you will emerge feeling rejuvenated.

- Body Recharge Massage
- Bright Eyes

Time to Unwind

2 hrs 15 mins / Cost: £175

This ultimate collection of treatments begins with an invigorating sea salt scrub and is followed by a relaxing massage to ease away aches and pains. We complete the experience with our Phytomer facial, including a scalp, face and shoulder massage. Leave your treatment room serene, calm and stress free.

- Body Exfoliation
- Back Massage
- Phytomer facial