

# Packages

Make the most of your spa experience with us by booking one of our specially designed treatment packages, all of which include full use of our spa facilities and a freshly prepared light lunch.

*Please note that package treatments are set and no substitutions can be made.*

## Melt Away

1 hr 15 mins / Cost: £112.50

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Let us melt away your tension using a combination of hot stones to ease away sore and tired muscles on your back, neck and shoulders. To finish, enjoy a rejuvenating scalp and face pressure point massage.

- Hot stone back, neck and shoulder massage
- Scalp and face massage

## Glowing Tonic Package

2 hrs / Cost: £156

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We kick start this pampering with dry skin brushing to stimulate the lymphatic system. The body wrap infused with marine ingredients, helps boost skin tone, contour and firm before we rejuvenate and nourish with a back massage and to finish an express facial to leave your skin glowing. The perfect indulgence!

- Body wrap
- Back massage
- Express facial

## The Perfect Package for men

2 hrs / Cost: £185

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Our collection of treatments, designed for male skin, begins with an invigorating sea salt scrub and is followed by a relaxing back massage to ease away aches & pains. We complete the experience with a detoxifying marine facial.

- Sea salt scrub
- Back massage
- Marine facial

## Pregnant Pause

2 hrs 15 mins / Cost: £166

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This package begins with a massage of your back on our pregnancy cushion. Then relax into a specialised facial which restores your skin's healthy glow and treats to your arms and tummy too. Then sit back and enjoy a mini pedicure to take care of your tired feet.

- Back massage
- Express pedicure
- Facial

## Couples Recharge

2 hrs / Cost: £312.50 per couple

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Enjoy your spa day with a friend or partner, where your collection of treatments begins with a foot soak and breathing ritual followed by a full body, face and scalp massage to leave you floating and care free for the rest of your day.

- Foot soak ritual
- Full body massage
- Scalp massage with mud treatment
- Express glow facial

## Ultimate Relax and Unwind

2 hrs / Cost: £185

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This ultimate collection of treatments begins with an invigorating sea salt scrub and is followed by a relaxing massage to ease away aches and pains. We complete the experience with our **Phytomer** facial, including a scalp, face and shoulder massage. Leave your treatment room serene, calm and stress free.

- Sea salt scrub
- Back massage
- Marine facial