

Spa
Sirène

SPA & GYM
MEMBERSHIP

MEMBERSHIP INFORMATION

SINGLE MEMBERSHIP

£110 per month, £50 joining fee

JOINT PEAK MEMBERSHIP

£180.00 per month, £100.00 joining fee (married, couples or immediate family related, living at same postal address, proof will be required)

OFF PEAK MEMBERSHIP

£70 per month, £50 joining fee (Mon to Fri 9.00am to 5.00pm limited places available)

MEMBERSHIP INCLUDES

- Use of all the spa facilities including: fully equipped gym, heated swimming pool, Jacuzzi, experience showers, salt inhalation room, aromatherapy steam room, sauna, foot Jacuzzis and relaxation room with heated loungers
- Locker in changing rooms with key allocation on each visit
- Robes, towels and slippers for use on each visit
- Luxury products provided in all wash areas and ladies vanity units
- 10% off food in The Royal Yacht restaurants, Zephyr and The Grill for member plus one guest.
- Membership cards must be presented at checkout for verification.
- 25% off individual treatments during off peak times Monday to Friday only. Members only (no discount on courses or packages)
- 10% off products
- 10% off gift vouchers

EXCLUSIVE PRIVILEGES FOR SINGLE & JOINT MEMBERSHIPS

(excludes off peak members)

- Guest passes available to bring guests during off peak times. Monday to Friday only. Member must be with guest.
- Single peak allowance 6 per year.
- Joint peak allowance 8 per year.
- Complimentary upgrades on hotel accommodation, Subject to availability.

MEMBERSHIP APPLICATION FORM

PERSONAL DETAILS – MAIN APPLICANT

(Please complete in block capitals)

☐ Single ☐ Joint ☐ Off Peak
☐ Mr ☐ Miss ☐ Mrs ☐ Other

Name:

Date of Birth:

E-mail:

Address:

Post Code:

Tel Day:

Tel Mobile:

Occupation:

MEDICAL PROFILE

Do you or have you suffered from any of the following? (Please tick appropriate)

☐ High blood pressure ☐ Back pain ☐ Palpitations or chest pains ☐ Allergies
☐ Cardiac condition ☐ Stroke ☐ Breathing difficulties ☐ Epilepsy
☐ Lung problems ☐ Asthma ☐ Raised cholesterol ☐ Skin condition
☐ Nausea ☐ Arthritis ☐ Dizziness or fainting ☐ Diabetes

Have undergone any operations or hospital treatments in the last five years?

Yes ☐ No ☐

Are you taking any medication at present? If so, give details

Have you recently suffered from muscle/joint problems/injuries? If so, give details

Do you smoke?

Yes ☐ No ☐

Do suffer from any other condition that may be adversely affected by exercise?

Are you currently under a physician's care?

Yes ☐ No ☐

Doctor's Name:

Doctor's Tel No:

PERSONAL DETAILS – JOINT APPLICANT

(Please complete in block capitals)

☐ Single ☐ Joint ☐ Off Peak
☐ Mr ☐ Miss ☐ Mrs ☐ Other

Name:		
Date of Birth:		
E-mail:		
Address:		
		Post Code:
Tel Day:		
Tel Mobile:		
Occupation:		

MEDICAL PROFILE

Do you or have you suffered from any of the following? (Please tick appropriate)

<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Back pain	<input type="checkbox"/> Palpitations or chest pains	<input type="checkbox"/> Allergies
<input type="checkbox"/> Cardiac condition	<input type="checkbox"/> Stroke	<input type="checkbox"/> Breathing difficulties	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> Lung problems	<input type="checkbox"/> Asthma	<input type="checkbox"/> Raised cholesterol	<input type="checkbox"/> Skin condition
<input type="checkbox"/> Nausea	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Dizziness or fainting	<input type="checkbox"/> Diabetes

Have undergone any operations or hospital treatments in the last five years? Yes ☐ No ☐

Are you taking any medication at present? If so, give details

--

Have you recently suffered from muscle/joint problems/injuries? If so, give details

--

Do you smoke? Yes ☐ No ☐

Do suffer from any other condition that may be adversely affected by exercise?

--

Are you currently under a physician's care? Yes ☐ No ☐

Doctor's Name:

--

Doctor's Tel No:

--

MEMBERSHIP AGREEMENT AND CANCELLATION POLICY

These terms explain how your membership works, including payments, cancellations, and what happens if payments are missed. Please read carefully before enrolling.

1. Membership Terms

By enrolling in a membership, you agree to pay a recurring subscription fee ("Membership Fee") which will be automatically charged to the designated payment method on a monthly basis unless otherwise stated.

Membership is non transferable and any changes to members must be put in a written request to the spa manger.

2. Payment Authorisation

You authorise Royal Yacht Hotel to charge the Membership Fee to your chosen payment method on the agreed billing date 1st each month. It is your responsibility to ensure that your payment details remain valid and up to date.

3. Membership Renewal

Your membership will automatically renew each month unless cancelled in accordance with Section 5 below.

4. Non-Payment

If a scheduled payment is declined or not received, you will be notified.

If payment is not received within 30 days of the due date, your membership may be placed on hold until outstanding balances are paid in full.

During a hold period, you will not have access to membership benefits, discounts, or services.

A reinstatement fee may apply to reactivate a membership after a hold.

5. Cancellation Policy

You may cancel your membership at any time by providing 3 months written notice by email to the spa manager.

Cancellations must be submitted at least 7 days prior to your next billing date to avoid being charged for the following month.

No refunds or partial credits will be issued for unused portions of a billing cycle.

•

6. Membership Holds.

Any request, must be received in writing to spa management, a minimum of 7 days prior to the your next billing date. Requests after this time frame may not be honoured.

Royal Yacht Hotel may, at its discretion, place a membership on hold due to illness or other difficult circumstances. This will require a letter of confirmation from a professional (GP or consultant)

Reinstatement of a membership following a hold may require payment of any outstanding fees (and any applicable reinstatement fee).

Refund requests relating to non-attendance will not be considered.

7. Changes to Terms

Royal yacht Hotel reserves the right to update or amend these terms with prior written notice. Continued use of the membership constitutes acceptance of any changes.

Agreement

By enrolling in membership, you acknowledge that you have read, understood, and agree to be bound by these Terms and Conditions.

Signed Member 1 :

Date:

Signed Member 2 :

Date:

TERMS & CONDITIONS OF USE OF SPA FACILITIES

1. Age Restriction

Use of the spa, pool and gym is strictly limited to persons aged 16 and above.

2. Membership & Access

Entry is only permitted upon presentation of a valid membership card.

Management reserves the right to refuse entry or cancel membership without notice for inappropriate behaviour, equipment misuse, damage, or use of illegal/performance-enhancing substances.

3. Member Responsibilities

You must notify us of any changes to your personal details (e.g., address, contact information).

You are responsible for the correct and safe use of all facilities and equipment. If unsure, consult a staff member.

Seek medical advice before engaging in exercise if you have health concerns.

Do not use facilities if suffering from any infectious or contagious illness.

4. Use of Facilities

Lockers are provided for temporary use while in the spa/gym. They are emptied daily after closing.

Spa staff are not responsible for lost or damaged property.

Suitable clothing and appropriate footwear must be worn at all times when using gym equipment.

Swimwear or suitable clothing is required in thermal areas.

A shower must be taken before entering pools or thermal areas.

5. Hygiene & Safety

Please replace free weights and return equipment after use.

Wipe down all gym equipment after use with the solution provided.

Towels are provided; please return them to the designated linen baskets.

Running, jumping, or diving is not permitted in wet areas.

6. General Conduct

Mobile phones may not be used in the spa or gym areas.

The spa area is an alcohol-free zone. Only food and drinks purchased from the Royal Yacht Hotel may be consumed in the spa area.

Guests are expected to follow all staff instructions and facility signage.

WAIVER & AGREEMENT

I declare that the information I have provided is accurate and that I am not aware of any reason why I should not participate in an exercise program. I understand that I enter and use the facilities at my own risk and waive any legal recourse for damages arising from participation.

I have read, understood, and agree to abide by these Terms & Conditions.

Signed Member 1 :	Date:
Signed Member 2 :	Date: